

# Bird's eye view

TVPB newsletter: April 2008



## Bird's Bike maintenance tips:

### Find a Man to do it for you!.....

Otherwise.... If your nuts keep vibrating and falling off during hard extreme riding use self-locking nuts to prevent injury

If this fails:

Ask Aunt Sally his nuts have never been known to vibrate or fall off during the most extreme usage

## Remember bashers:

if you're telling the history of your sex life, you're bound to emerge as either a boaster, braggart, liar or just a plain laughing stock!

## Bashers that are crashers:

or just bashers getting old: Following years of cycling abuse and crashes RJ and unda have succumbed to the surgeon's knife: RJ for a total knee replacement (getting those knees straight will be one of the 7 wonders of the world) and unda having a total hip replacement. We wish both of the old guys a swift recovery and look forward to them riding again soon: Pottsie dislocator of the year award maybe at risk in the coming year so beware all you bashers with new joints

## Thought for The day:

You have to spin to win

## The King Of Love's chat-up lines:

For all you lonely, timid male cyclists out there the king of love is at hand to help you become irresistible to the opposite (or same) sex!

**No 4:** tonight lets make my combi rock babe

Newsletter written for the TVPB by the bash birds including write-ups on bash antics, useful tips, gossip and much, much more....Especially, check out "The Words" by our resident pro' on page 10  
If you have any comments or information please email: [annareffell@yahoo.co.uk](mailto:annareffell@yahoo.co.uk)  
all information will be treated in the strictest confidence!!!

PC plod had mounted his stallion waiting to cross the street when little Juicy Lucy on her shiny new green "Gary fisher" bike stopped beside him. "Nice bike," PC Plod said "did Santa bring it to you little girl?" he asked

"Yep," Juicy replied proudly

Pc Plod looked the bike over and handed juicy a £25 ticket for a safety violation.

Pc Plod said, "Next year, tell Santa to put a reflector light on the back of it."

Juicy looked up at PC Plod with the sweetest of smiles and said, "Nice horse, did Santa bring it to you?"

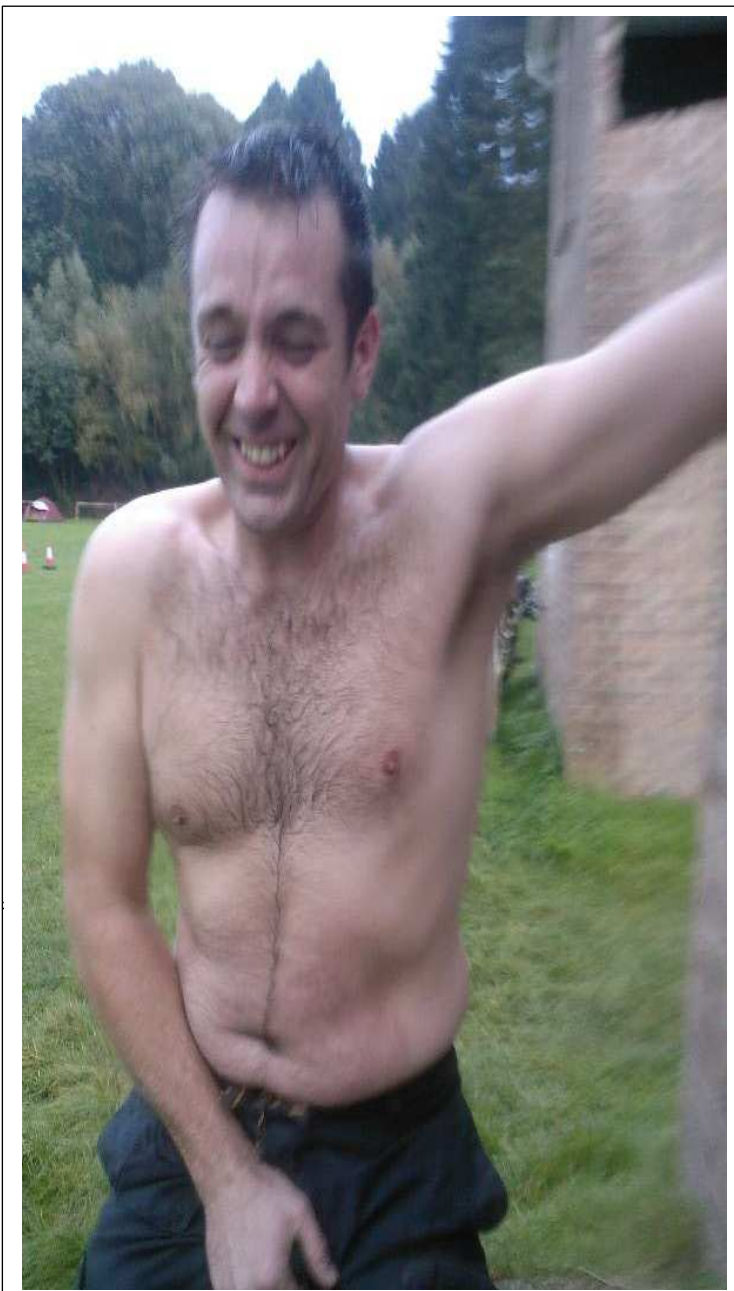
"Yes" Pc Plod chuckled looking down at Juicy. She replied in a voice like an angel "Next year tell Santa the dick goes underneath the horse, not on top."

Then rode away



# BASH PAGE 3

# STUNNA



Gary Litter is an extreme head banging off roading adrenaline junkie. Asset protection is his number 1 priority however big or small. So if you want him to come on time girls, give him plenty of warning so he can have body armour on and be well protected!!!

**Timotei's Tours:** organised a 4 day Malaga trip for the terminally insane thrill seeking headbangers of TVPB, riding the mountains around this charming little fishing village on Spain's unspoilt Costa del Sol. 9 eager bikers were met by tour guide Timi at the airport, who rushed to them to their apartments in the sleepy hamlet of Benalmadena allowing the riding to begin. Unfortunately only male bashers were present as our tour guide had used up any suitably adventurous soldiers of the other kind ! However we decided to make the best of a bad job and try to enjoy the sport anyway! The weather was mid 20's°C, trails sunny ranging from fast and swoopy to semi technical and suicidal, with ladies favourites Jason (new basher) and V2 showing the way with Spoons and Faggots providing the style and daring which only those keen on hospital food would attempt! Evenings were spent rehydrating those lost fluids with beer and red wine, in quaint restaurants, whilst appreciating local birdlife. In fact so keen were some tourists to integrate with our European friend that several attended a pole dancing bar, only to be disappointed to find no Polish people in the bar at all!, red faces all round I can tell you! The trip ended with the reported loss of a designer pair of jeans and belt -the awkward phone call home to explain the loss of this Christmas gift, however this reporter can reveal the jeans were so badly soiled after the wearer had reached a very advanced state of refreshment one evening that it was felt disposal was the only sanitary option, whilst the designer belt came in very useful to strap up the exhaust on one of the hire vehicles after a lively off road excursion. The excitement and frantic pace of the trip continued right up to check in for the return flight to Blighty. It was decided to 'max' our time in Pueblo Benalmadena by eating local restaurant delicacies rather than a "big mac" at the aeropuerto. This resulted in a hastily consumed meal, frantic vehicle refuelling and to our horror nose to tail traffic all the way to Malaga and a fast approaching last check in time! It was then our tour rep uttered the line "every man for himself" as we approached arrivals; our guide abandoned his vehicle only to return to find it had been towed!!! . How we all laughed as we all put in to pay the fine!!

Bobbiballs weekend saw some Bashers partaking in stranger than normal activities: WALKING!!! several bashers formed a breakaway group and went walking on the Sunday. Yes, that's right, riders from groups A, B and the Head Bangers formed the 'Rashers' (Rambling-Bashers) and went for a walk! It turned out to be a hair-raising experience with some quite techy climbs and descents. In normal Bash style a regroup was observed at Lulworth Cove where tea and hot chocolate were served, no beer - strange but true.



## FOR SALE:

Due to a recent increase in bashers being “suddenly taken short” on bash rides and to avoid the illegal “dumping” of potentially toxic waste that could cause suffering and death to small animals the bash has decided to promote these new POOPER SCOOPERS. By prompting the environmentally friendly pooper-scooper scheme the bash up holds it’s none polluting environmental ethos.

The pooper-scooper is a lightweight durable scoop that will discretely fit onto the back of any camel bag. It’s easy to use and flexible. It will scoop up most forms of poo consistency without requiring hand assistance and comes in a variety of different colours to match your bike.

The TVPB is selling the “pooper scoopers” at a knock down price of only **£10.99** with a **FREE** toilet role and disposable bag whilst stocks last. Any one interested contact the TVPB for further details



**Exclusive:** the latest picture of Fallen Women and Broken Man's new campervan: what a beauty!



### **Dandy's past his prime:**

Dandy was caught recently going home from the shipwrights in Shaldon by the train. Apparently the train driver on seeing this frail man pushing his bike took pity on him and let him travel for free!

An ashamed Manky admitted that he had "begged Dandy to cycle home" but his reply had been "its just too far, I can't make it". Of his fitness level, five bellies Manky (his recognised trainer and friend) exclusively revealed that Dandy was "slowing down quite a bit" even bragging that "I can catch him easily going down hill now"....

Is it his age that's catching up on our previously supreme road cyclist or alcohol consumption (or lack of it?) what ever the cause, let us join together in supporting our failing athlete

**Breaking news:** It happened again from Newton abbot!!!!



## Agony Axle

Help! Write or e-mail agony Axle for sympathy (because you won't get it from Bothways!);

Dear Axel:

My boyfriend is very embarrassed about people seeing his helmet, how can I help him to have confidence in showing his helmet in public?

yours a pro head supporter (e-mail)

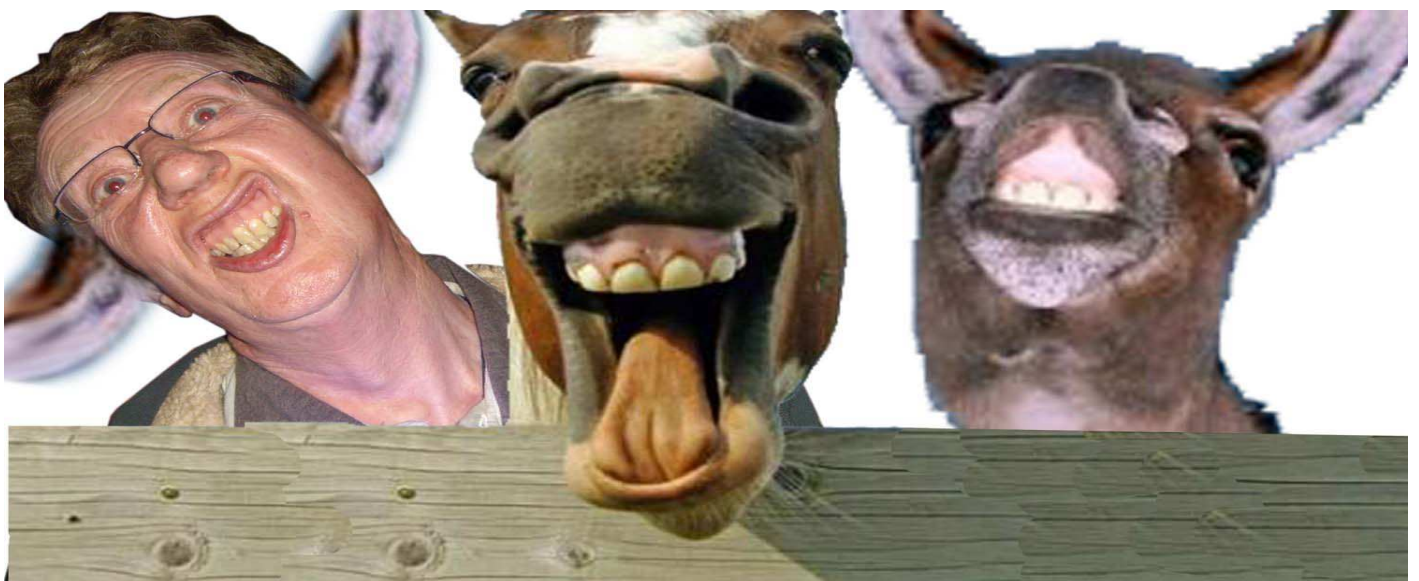
I can appreciate you're a girl that likes a good head...intact of course, tell him how good his helmet is, caress it regularly both in public and private. Encourage full usage of his helmet around the home, allowing him to get it out at any time he needs reassurance, tell him the size and fit of his helmet is perfect. Ultimately he will feel confident to parade his helmet in public believing he has a good head to show off!! Good luck

Dear Axel

My warrior husband has just returned from a long weekend away in Spain with the "off road guru" Timotei and several other male warriors. He returned home in the early hours of the morning exhausted, unshaven and completely shagged out and unable to for fill my desperate feminine needs...should I be worried?

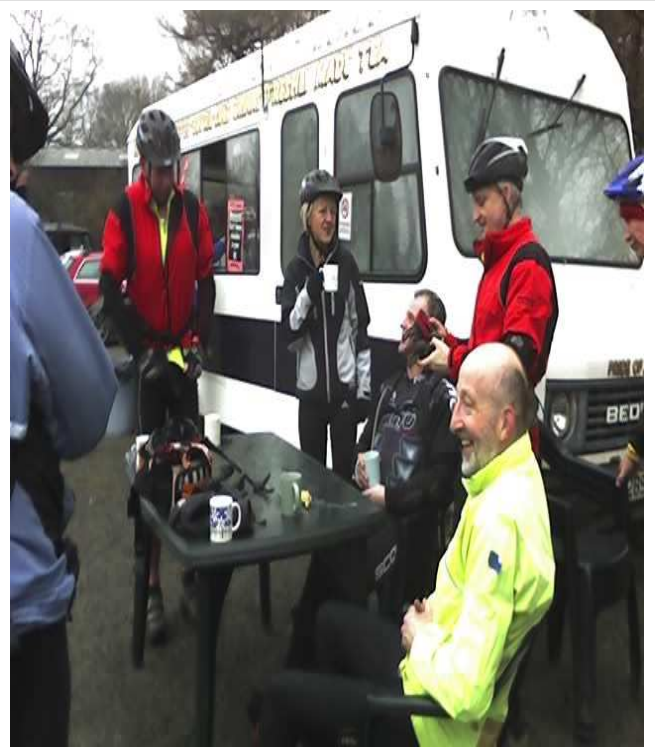
A Desperate warrior widow

The symptoms you describe are typical of "Timotei's Tours" rigorous riding schedules. The warriors are known for their hard-core eating is for wimp's attitude. I shouldn't worry, give him plenty of meat & vegetables to build up his strength, seductively walk naked around the bedroom talking about your latest gap jump and he is sure to get aroused. But beware keep an eye out for any anorak behaviour such as keeping backdated copies of MBR magazines in the closet. If this occurs seek help immediately!



Which ones a well-known raving basher? Are the other distant relatives?

TVPB: Drinkers (**TEA**) with a cycling problem!!!!..... What's happening to the bash .....As time goes by are the members getting older, wiser and sober now?..... Who remembers those "good old days" when the halfway stops involved ALCOHOL not TEA



**The Twitcher:** Dodgy was observed indulging himself in a touch of 'twitching' seen here with 2 UFO's (unidentified female objects). We are not sure if he is being attacked by the red-breasted birds or it he's just getting a closer look.



**Bothways "off-road" cycling tips**

**No 4:** Fast down hill in wind or up hill in wind

Find the widest, largest, fattest basher on the cycle  
Sneak up close behind them

Then ride them behind all the way down and up and down and up!!!!

This method also known as slip streaming can be used successfully on road as well!!





## Warning:

Don't stand too near Bobbiball when he is reversing .....its dangerous:



This sign was in hospital for weeks before it recovered enough to go back to work!!

## Bothways Sordid Secret:

It has been uncovered that on Friday 7<sup>th</sup> March Bothways was seen cavorting with the enemy...the CTC. On lookers saw her chatting happily about her riding abilities, mileage and preferred rim size with these members, unaware that her sordid secrete was about to be exposed. During the evening she was seen handling their balls repeatedly whilst knocking their skittles over.

Of the incident she her only comment was "It was the Cakes that lured me to the other side"

A CTC member was heard to say in a sinister manner - "Its tit for tat, they stole 2 of our members so we steal one of theirs back"

**Deb's tantalising delights:** (healthy cycling options)

## Debs steaming chocolate log

Sift cocoa powder (1/2oz) with 3 oz flour

Whisk 3 eggs with 4oz castor sugar until thick 7 creamy. Gently fold in the flour

Pour into a large greased Swiss role tin.

Bake at 190 degrees c

For 9-10 minutes

Once cool spread lavishly with cream and rollup tightly – coat with melted chocolate or sprinkle with the flakiest chocolate ever

This is particularly satisfying when shared in the middle of a bash ride after being stored in a warm camel back for a few hours-its soft, squidgy and melts in your mouth....Mmmmmm

**(Let us know where and how you enjoyed nibbling Deb's titbits)**

## **TVPB WORDS MARCH-APRIL 08**

**SPRING** and summer are hopefully on the way after a wet and windy winter, and as usual a feast of summer riding is being lined up, including various tours.

**SEVERAL** bashers have enjoyed winter breaks far and wide – not always taking their bikes – and most seemed to have had a great time.

**FALLEN** Woman and Broken Man spent a month touring Australia in a hired camper, climaxing with the Interhash in Perth.

**BUT** her usual enthusiasm for foreign parts was somewhat diluted on returning to Blighty. She admitted it was not a place they would hurry back to, and was highly indignant about the strictness of the laws on drinking in public and the general PC attitude. And we thought the Aussies were an easygoing bunch!

**JULES** was understandably incensed at being ordered by a copper to pour her bottle of beer down a drain, or face arrest, and warned, by a security guard, about 'licentious behaviour' during a bit of skylarking at the bash do.

**SHE** will fill in the grizzly details for those who want to know more, but obviously Oz wasn't ready for the fun loving Countess. Probably not the place for a bash tour then. But FW does seem to be making a habit of attracting the attention of the Old Bill lately, starting with the infamous 'raid' on her New Year party!

**POTTSIE** and Bedpig are also just back from an exotic cruise around the West Indies, taking in the Panama Canal, with Jen living up to her name and sleeping through most of the journey through the spectacular waterway. Pottsie picked up some sort of bug, and was laid up for several days on his return.

**THE** camper brigade are still expanding and upgrading. Bothways' sleek little machine (the VW, not Lee) now seems to be running OK after a few glitches. FW and BM have invested in a bigger and even more luxurious machine, but it has all been capped by Blaster and Flossie who now have the biggest and best in the bash with a top of the range Burstner A Class. Who said divorce leads to financial ruin?

RIDE ON,  
UNDA.